



Strategies to Help You Engage and Interact with Your Child



*Dedicated to
All children, parents
and their families
May each day bring joy and shared moments
that deepen and enrich your relationship*



Table of Contents

Our heartfelt Thanks	pg 4
Profectum Parent Toolbox Faculty Presenters	pg 5
Welcome.....	pg 8
Introduction: Webcast 1.....	pg 14
Introduction: Webcast 2.....	pg 18
Step 1.....	pg 24
Step 1: Webcast 3.....	pg 25
Step 1: Webcast 4.....	pg 28
Step 1: Webcast 5.....	pg 36
Step 1: Webcast 6.....	pg 43
Step 1: Webcast 7.....	pg 52
Step 1: Webcast 8.....	pg 60
Step 1: Webcast 9.....	pg 67
Acknowledgments.....	pg 76



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Profectum faculty and staff

...and to each and every family who allowed us to enter their lives, join their journey and videotape their progress and who then went the extra mile to allow us to share these moments with you.





FACULTY PRESENTERS



Sherri Cawn, MA, CCC-SLP

Clinical Director of Cawn-Krantz and Associates Developmental Therapies

Sherri Cawn, M.A., CCC-SLP, clinical director of Cawn-Krantz and Associates Developmental Therapies (with locations in Chicago and Northbrook, IL), has over 40 years of clinical pediatric experience specializing in the assessment and treatment of infants, toddlers, and school-age children. She is a leading practitioner of the DIR/Floortime® model in speech and language development and conducts trainings of other professionals throughout the US and overseas on the concepts of this model.

Sherri is the author of the self study DVD/*Manual on the Assessment and Intervention of DIR/Floortime* produced by the American Speech and Hearing Association in 2011 and the self study DVD on the *Assessment/Intervention of Developmental Language (2013)*. In addition, she is a co-author of Language Disorders chapter in the *Diagnostic Manual for Infancy and Early Childhood*.

Sherri is a senior faculty member of the ICDL DIR FT; the Profectum(DIR/FT) Academy Online Training Program and adjunct faculty at the Erikson Institute. She received her graduate and undergraduate degrees from the University of Illinois.



Monica G. Osgood

Executive Director

Celebrate the Children's founder, **Monica G. Osgood**, is an experienced behavioral consultant and therapist who specializes in using developmental approaches to support children with autism and other differences in relating and communicating. She is also Founder and Director of the Developmental Center for Children and Families and Executive Director and a founding member of the **Profectum Foundation**. Monica has worked in homes, therapy centers, and private and public school settings for over 20 years. Some of her experience has included assessment and the development of intervention programs, curriculum and IEP development, and parent and professional training.

In 1998 Monica created the first public school program with the Developmental Individual Relationship-based (DIR model) approach as the core philosophy. In 2000 she was the first educator to join the Senior Faculty of the Interdisciplinary Council on Development and Learning (ICDL) to provide interdisciplinary training in the DIR Model. During her time with ICDL Monica served as Faculty for all of their yearly training institutes, spoke at many of their conferences and had the opportunity to work closely and collaborate with Drs. Greenspan and Wieder to further develop the DIR Model in school settings. In 2004, she collaborated with Lauren Blaszak to open a state-approved, DIR Model school for children ages 3-21 in Denville New Jersey now serving over 70 school districts and 130 families.

Additional accomplishments include many speaking engagements at conferences and participation in television, radio and newspaper interviews across the USA, Wales, Ireland and Amsterdam. Monica has appeared on Welsh Channel 4 and BBC1 documentaries, sharing the DIR model approach with British parents and professionals. Monica and the Celebrate the Children school were featured in a TIME Magazine cover story in May of 2006. She serves on the Advisory Board for 3LPlace and the National Advisory Council for The Centers for Exceptional Children. Monica also serves on the Economic Development Advisory Council and the Sustainable Economic Development Plan Steering Committee for her local Town Council. Finally, she collaborated with twice Grammy nominated children's artists Dan Myers and Brady Rymer on an album and music video celebrating diversity in children with all abilities released April 2011.



Ricki G. Robinson, M.D., M.P.H.

Ricki Robinson, M.D., M.P.H. is co-director of Descanso Medical Center for Development and Learning in La Canada, California and a Clinical Professor of Pediatrics at the Keck School Medicine of USC. She has been in private pediatric practice for nearly forty years, specializing in children with autism and developmental delays for over twenty-five years.

Dr. Robinson received her M.D. degree in 1973 from the University of Southern California. She trained in pediatrics at Childrens Hospital Los Angeles, having served as Chief Pediatric Resident for CHLA in 1976. She is Board Certified in Pediatrics. In 1988 she received her MPH from the University at Berkeley School of Public Health.

She has been actively involved in the field of autism since 1990, developing multidisciplinary educational and medical programs for children with Autism Spectrum Disorders (ASD) and devoting endless hours in education, legislation and research efforts on a national level. Dr. Robinson has been at the forefront of leading grassroots Autism organizations. She was a founding board member of Cure Autism Now (now Autism Speaks), The Floortime Foundation, and Profectum Foundation. She also co-chaired the annual ICDL Conferences (Interdisciplinary Council on Developmental and Learning Disorders) and since 2013 has co-chaired the Profectum International Conference in Pasadena CA. She was a member of the Autism Speaks Scientific Review Panel for over eight years. Dr. Robinson organized and chaired the first nationally recognized task force to define the standard of care for clinical trials in autism. The results of this outstanding effort were published in *CNS Spectrums* (January 2004, Vol. 9, #1).

“Dr. Ricki” (as her patients fondly call her) brings her extensive experience to Profectum Foundation serving as Medical Director and devoting her efforts to providing multi-disciplinary education and training for parents, families and professionals working with individuals with ASD and other developmental delays across the lifespan.

A nationally sought-after expert, she has appeared on the *Today Show*, *The Talk*, *Larry King Live* and *Good Morning America Health* in support of the needs of children and families with Autism Spectrum Disorders. She is an internationally recognized speaker addressing the needs of children with autism and other developmental delays to parent, professional and lay audiences worldwide for the past two decades. She is also the author of the acclaimed book **Autism Solutions - How to Create a Healthy and Meaningful Life for Your Child** (see www.DrRickiRobinson.com).



Rosemary White, OTR *Occupational Therapist*

Rosemary White has been an Occupational Therapist since 1972 and brings a wealth of clinical experience to every workshop she teaches throughout the United States and internationally in Canada, Europe, South Africa, Uganda and Australia. Rosemary is a true clinician's clinician! Rosemary received her Neurodevelopmental Therapy training in London with the Bobaths, her Sensory Integrative Therapy training in Los Angeles with Dr. A Jean Ayres and her training in the DIR/Floortime model with Stanley Greenspan and Serena Wieder, Ph.D. and the Faculty of ICDL. She currently owns and operates Pediatric Physical and Occupational Therapy Services in Seattle, Washington. Rosemary

has her Certificate in the DIR model and has been Senior Faculty on the Interdisciplinary Council on Developmental and Learning Disabilities (ICDL) chaired by Stanley Greenspan, M.D. and Serena Wieder, Ph.D., since 2002. Rosemary is on the Clinical Faculty at the University of Washington in the School of Nursing Infant Mental Health Certificate Program. Rosemary is also Faculty in the ICDL Graduate School in the Ph.D. in Infant and Early Childhood Mental Health and Developmental Disorders. This is an on-line Ph.D. program providing education to professionals throughout the world. Rosemary is also Profectum Foundation Faculty.





Serena Wieder, PhD
Clinical Psychology

Dr. Serena Wieder is the Clinical Director, Profectum and Founder and past Associate Chair, of the Interdisciplinary Council on Developmental and Learning Disorders (ICDL). She founded and directed the DIR model Institute, a case based competency training program for multidisciplinary professionals, from 1999-2010. Dr. Wieder also serves on the Board of Zero to Three – the National Center for Infants, Toddlers and Families.

Currently she conducts a clinical and consulting practice in New York for infants, children, adolescent and adults with complex developmental and mental health challenges. Programs she consults to include the New York Center for Child

Development; Celebrate the Children; Treatment and Learning Center, Rockville, MD; Imagine Academy; the former Bridges Program at Texas Children's Hospital, Houston, TX and other clinical and educational programs in the United States and abroad.

Dr. Wieder conducts national and international training on the DIR/Floortime model. She served on the faculties of the Infant-Parent Study Center, the ICDL Graduate School and has just joined the faculty of the Adelphi University Parent Child Institute. She also serves on the Scientific Advisory Boards of First Signs. Her research has focused on diagnostic Classification and the long term follow up of children treated with the DIR model. In addition to serving on the editorial boards of the Journal of Developmental Processes and the ICDL Journal.

Dr. Wieder publishes numerous articles on the DIR model, diagnostic classification, emotional and symbolic development and training. She also co-authored Engaging Autism, The Child with Special Needs, and Infant and Early Childhood Mental Health, with Stanley Greenspan, Visual/Spatial Portals to Thinking, Feeling and Movement with Harry Wachs, OD; co-chaired the ICDL Diagnostic Manual for Infants and Young Children and the first edition of the Zero to Three Diagnostic Classification of Mental Health and Developmental Disorders of Infancy.



WELCOME

Welcome to the **Profectum Parent Toolbox™** (PPT) Workbook! The goal of the PPT is to encourage and empower you to build a strong relationship with your child while fostering his or her development. The PPT will guide you in your discovery of your child's unique sensory and motor differences that are the foundation of how he or she experiences the world and ultimately interacts with you. With a new understanding of your child's individual strengths and challenges the PPT will help you match Profectum Toolbox Strategies to your child's needs to support his or her engaging, playing and interacting, thinking and communicating with you. Your Profectum Parent Toolbox™ authors have been working together collaboratively for 20+ years and this program is a culmination of their experiences with families they would like to share with you!

The PPT **Workbook** complements the PPT "How to" webcast series. It is designed to enhance your experience by allowing you to record your observations, thoughts and new knowledge throughout the program. In our PPT each webcast presents simple ideas and strategies to support your child's engagement, thinking and communicating with you. Video demonstrations within the webcasts will show how these strategies can be used during everyday interactions and play. As you view the webcasts you will have the opportunity to use the Toolbox strategies demonstrated in the videos. As you determine what works and what doesn't you will be designing your own **Personal Toolbox** in the workbook filled with ideas and strategies to support your relationship with your child.



4 Steps

There are 4 steps in the Profectum Parent Toolbox™. Steps 1 and 2 introduce all key strategies for interaction - one or two at a time. In Steps 3 and 4 all the strategies are used together to help you keep your interactions going!



16 Key PPT Strategies

Throughout the series 16 Key PPT Strategies help you support your child's relating, communicating, thinking and creativity. These strategies are presented sequentially, one or two at a time. You will see several strategies noted at the beginning of each webcast following the goals of the webcast.

Your Profectum Parent Toolbox™ Strategies

1. Set the Stage
2. Be Present and Flexible
3. Position
4. Follow Your Child's Interest
5. Go for the Gleam
6. Emotional Expression
7. Nurture Intent
8. Build Circles
9. Persist
10. Tailor to Individual Differences
11. Match Rhythm and Timing
12. Enhance Non- Verbal Communication
13. Extend Circles
14. Use Glitches
15. Encourage Problem Solving
16. Nurture Ideas





Icons

Each Webcast has a similar format and has a corresponding page identified in the Workbook. Each PPT Workbook page is designed to match the content and order of each Webcast. Whether you decide to download and print the Workbook page or answer directly online you can let our Icons LEAD the way and keep you oriented as you are watching the Webcast itself. The same Icons will be used in the Workbook to help you follow along and document your insights. The Icons are fully described in Webcast 2.



We encourage you to stop the webcasts as you watch and **jot down notes**, especially as you think about questions presented for you to consider and/or think about after video demonstrations are shown. Many ways to implement each of the strategies are demonstrated so you can try different approaches to determine what works best for your child. Some strategies will help, some may not.

To get the most out of the PPT don't forget to **record your own observations** and check off which strategies work best to support and encourage your interactions with your child both at the end of each Webcast and again in **Your Personal Toolbox**.

Your Personal Toolbox

Your Personal Toolbox has two components:

1. Your **Master Strategy List** of what works and what doesn't to support your child's engaging, interacting, thinking and creating (Appendix 1)
2. Your child's **Individual Profile** (Appendix 2)



Your **Master Strategy List** is the document that allows you to record what strategies work best for you and your child. In Steps 1-4 you will have the opportunity to record the strategies that work as you build your personal Toolbox. As you view the webcasts moving through each Step your favorite Toolbox Master Strategy list will grow.



In Step 2 of the PPT you will determine your child's **sensory and motor differences** that might be influencing his or her experience and understanding of the world, and ultimately interactions and play with you. This information will build your child's **Individual Profile** that will further guide you in how best to nurture interactions. Specifically, you will learn additional Toolbox strategies that help you support his or her unique sensory and motor strengths and challenges. By the end of Step 2 you will have completed your child's Individual Profile that will give you a deeper understanding of how to think about and use your Toolbox strategies as you continue through Steps 3 and 4.



Together your Master Strategy List and child's Individual Profile make up your Personal Toolbox tailored to your child providing you the roadmap for building a strong relationship with your child while fostering his or her development.

How to use this resource:

Start by creating your very own **Profectum Parent Toolbox™** account

Go to the website www.profectum.org

Don't have a website account yet?

Click on **"NEW PARENT?"**

Follow the prompts to create an account

You'll be taken to the PPT Introduction page

Already have a website account?

- Click on **"RETURNING PARENT"**
- OR if you are logged in
- Click on the menu option **"Parent Toolbox"** at the top of the page.

You may decide to **print out this workbook** or **use it on your computer**

- From wherever you are, you can click on the workbooks for each step in the "Downloads" section at the bottom of the page.
- Click on the workbook you want to view, a PDF file will open.
- To print: Click on the print option or icon
- To use on your computer: Click on the file and the workbook will download. Find and open the downloaded file.

You may also decide to print out each **Webcast PowerPoint** as an extra reference, but remember that most of the information in the PowerPoints is already organized in the workbooks for you.

- Click on the link below the webcast
- Click on print or download to print or download the file to your computer

Finally, you may also choose to **create your Personal Toolbox** (Toolbox Strategy Summary and Individual Profile) **online** or **print it out** to fill in as you go. When you are done with this program, you will want to **share copies** of your child's **Personal Toolbox** with family and team members.

- In the "Downloads" section, click on the "Toolbox Strategy Summary" or "Individual Profile Form".
- Click on print or download to print or download the file to your computer.

You may want to **view the Webcasts** individually, as a family and/or together with team members. We also suggest you share the resource and your insights with other clinicians and educators.

Clinicians and Educators can use the PPT as complimentary "homework" lessons for parents to support and advance parent and child interactions. In addition, this series can also be an added training tool for professionals working with families in the community, schools and clinics.





Now it's your turn to get started!

Set up your **play area** and find the time. Prepare to **tape your interactions**. Review your tapes, perhaps including family/team members. Remember that every door that confronts you presents a **new opportunity**. Sometimes you can learn more when things don't go as planned. Just try your best and observe what happens! As you gain confidence continue to **practice, practice, practice!** Over time these **Toolbox strategies** will become so natural they will happen automatically!



The main idea is this:

Keep your RELATIONSHIP central to your interactions. It's all about the interaction! Experiment to find what works and what doesn't. Remember that when it comes to strategies, there is **no "right" or "wrong"**. We can always learn from each interaction, wherever it takes us!

All of us at Profectum, especially the Profectum faculty, hope that the Profectum Parent Toolbox webcast series will help you capture the **"gleam" in your child's eyes** when connecting and interacting! We know that you will be encouraged and inspired as you help your child reach his or her **full potential!**

www.freetoolbox.org

www.profectum.org



Profectum Parent Toolbox Program at a Glance

INTRODUCTION

1. Introduction to the Toolbox
2. Nuts and Bolts-How to use this Toolbox

Step 1 Profectum Parent Toolbox <i>Become your child's play partner</i>	Step 2 Profectum Parent Toolbox <i>Discover Individual Differences</i>	Step 3 Profectum Parent Toolbox <i>Build and Extend Circles of Interaction Moment to Moment</i>	Step 4 Profectum Parent Toolbox <i>Practice, Practice, Practice! Keep Interactions "Flowing"</i>
3. Introduction to 'Become your child's play partner'	10. Introduction to 'Discover Individual Differences'	21. Introduction to 'Build and Extend Circles of Interaction Moment to Moment'	29. Introduction to 'Practice, Practice, Practice! Keep Interactions Flowing'
4. Be present...Be together	11. Explore Sensory Preferences and Challenges	22. Tailor Your Interactions to Engage Your Child's Attention	30. Extend the Conversation with Shared Problem Solving
5. Tune into my child's interests	12. Explore Your Child's Sensory Responsivity	23. How Big? How Loud? How Close	31. Discover Pretend Play
6. The magic of emotional expression	13. Touch... The First Sense!!	24. Moment to Moment	32. Expand Pretend Play
7. Build first circles	14. Explore Using Sound to Nurture Engagement	25. Give Movements meaning Through Emotional Expression	33. Pretend Play with Adolescents (and Young Adults)
8. Persist	15. Discover your Child's "Visual Box" Of Attention	26. Regulate Emotions	34. Interact All Day Long: Daily Routines Set the Stage
9. Now that we're connected...Let's expand!	16. Movement: The Body In Motion	27. Engaged, Happy and Flexible!!!	35. Playing Outside with Your Child and Family: Feeling, Moving and Relating
	17. Ideas Become Plans, Then Actions	28. Let's Solve This Problem- Together	36. Profectum Parent Toolbox Review and Inspiration from Parents Like You
	18. The Dance of Play... Tapping Into Your Child's Rhythm and Timing		
	19. "Talking" Starts with Gestures		
	20. Putting it All Together		

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